**Child and Adolescent Services Referrals/Resources Information**

\*Check with your insurance plan – member services website or phone number for Behavioral Health

\*Check Psychology Today Website – search tool for therapists - [Psychology Today: Health, Help, Happiness + Find a Therapist](https://www.psychologytoday.com/us)

Harrisonburg Area

Harrisonburg-Rockingham Community Services Board - **540.434.1941**

**Sentara Behavioral Health Services – 540-564-5100**

Charis Institute – 540-568-1876

Shenandoah County/Winchester/Frederick/Warren/Clarke County

Northwestern Community Services Board – 540-667-8888, Option 1 for Call Center (medication and counseling and other services)

Winchester Community Mental Health Center – 540-535-1112 (medication and counseling and other services)

Cameron Pediatric Counseling – 540-550-8083 (therapy services)

Center for Counseling and Growth – 540-431-5909 (therapy services)

Family Insights – 540-486-4653 (therapy services)

National Counseling Group – 1-877-566-9624 (therapy services)

Atlas Counseling Center – 540-722-6238 (therapy services)

Beall House Professional Offices – Children’s Psychiatry – Dr Lee 540-662-0991 and Dr Trefzgar 540-662-0992

Behavioral Resources LLC – 540 - 667-1389 (therapy services and evaluations)

Connected Communities - 540-404-5985 (therapy services)

Encircle Counseling Services - 888-841-4835 - (therapy services)

Psychotherapy Associates - 540-722-0750 - (therapy services)

Grace Assessment & Therapy - 540-773-3999 - (therapy services and evaluations)

Services

IMPACT Living Services, Behavioral Health 434-533-1088 or email [info@impactlivingservices.og](mailto:info@impactlivingservices.og)

Location—Harrisonburg VA 2262 Blue Stone Hills Dr. Suite C Harrisonburg VA 22801

West VA

Winchester Community Mental Health Center – In wood Location - 304-901-5801

WVU Behavioral Medicine and Psychiatry – 304-598-4000 - [Behavioral Medicine and Psychiatry - WVU Medicine](https://childrens.wvumedicine.org/services/specialty-care/behavioral-medicine-and-psychiatry)

Children’s Crisis and Referral Line – 844-HELP4WV –

Regional Youth Service Centers for Region 2 (closest to VA) – 305-538-2302

East Ridge Health System – 304-263-8954

Regional

UVA Children’s Psychiatry [Pediatric Psychiatry | UVA Children's (uvahealth.com)](https://childrens.uvahealth.com/services/pediatric-psychiatry) – offers virtual

Shenandoah Valley Child Development Clinic (at JMU) – 540-568-6687 (they do not have psychiatric services there but they do evaluations and provide recommendations, so their office may have a list of regional resources – you may have to leave a message with your request as they are short staffed, but hopefully someone will call you back)

Kennedy Krieger Institute – 888-554-2080 - [Kennedy Krieger Institute](https://www.kennedykrieger.org/)

Johns Hopkins Child and Adolescent Psychiatry – 410-955-5335 - [Child and Adolescent Psychiatry at The Johns Hopkins Hospital (hopkinsmedicine.org)](https://www.hopkinsmedicine.org/psychiatry/specialty_areas/child_adolescent/)

Children’s Hospital Washington DC Psychiatry and Behavioral Sciences  202-729-3300 [Psychiatry and Behavioral Sciences | Children's National Hospital (childrensnational.org)](https://childrensnational.org/departments/psychiatry-and-behavioral-sciences)